

Roadmap for Safe Effective Care

Review Patient Problems	Assess Current Status (patient and environment)	Interventions (Task Analysis: how do we get from problem to goal? What to do today?)	Assess Effectiveness of Treatment (progress toward goals)	Patient Goals and Discharge Plan
Dependence on supplemental O2 at 2L/min (Carlyn – THR part 3, preparing to stand)	READ: chart MD orders re: O2; any status changes? ASK: other clinicians, sup PT/OT; communication with nursing and MD ASK: patient OBSERVE: Vital signs, SpO2 using pulse oximeter OBSERVE: Environment for safety PREPARE: Needed equipment ASSESS: Vital signs			Tolerate PT interventions for modified THA protocol maintaining stable vital signs and SpO2 >90%
Post-THA hip pain, stiffness, weakness Example: hip abduction strength 1/5 (Carlyn – THR, part 1, initial eval)	READ: chart – What do MD orders specify? what ther ex have been done, what other modalities have been used for pain control? Medication schedule? ASK: Nursing about pain meds prior to tx/best treatment time ASK: Patient about pain, with clarifying questions OBSERVE: Pain behavior OBSERVE: Surgical site (what are you looking for?) OBSERVE: Environment, placement in bed for performing ther ex per protocol (what are some restrictions you might see?)			Report surgical pain 3/10 at rest, <4/10 during and after treatment. Increase hip abduction strength to 2+/5 to enable bed mobility with minimal assistance.

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Unable to perform bed mobility without maximal assistance (Scooting up in bed: Normal Movement)	READ: Prior level of bed mobility function; what cues have been used effectively OBSERVE: Environment – lines and tubes arranged for end position; Bed linens out of the way PREPARE: Area and items for patient respect and draping ASK: Patient what they recall from prior treatment			Transfer supine to EOB with min assist for surgical limb
Unable to sit EOB without supervision (Ben: Acute care part 3: Monitoring BP while Sitting)	READ: Prior ability to sit – level of assistance, time, any LOB, activities performed, SpO2, other vital signs OBSERVE: Environment: floor safety (spills, objects on the floor; Patient – footwear, Oxygen tubing, other lines/tubes, catheter, IV, etc PREPARE: Needed equipment for sitting tasks ASK: Patient about symptoms while sitting, periodically. How can you ask in a way that encourages the patient to do more? ASK: Patient to support self while performing tasks			Sit EOB with minimal assist x 3 minutes maintaining SpO2 >90% on supplemental O2 per MD orders

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