

❖ Worksheet Assignment 1

Observation of a Patient Assessment

Name

Date

Observe the patient and the environment

1. List any medical equipment being used by the patient.

Assessment of body functions and structures

2. Describe the motor function of the right upper extremity (as observed during the assessment).

- Shoulder
- Elbow
- Forearm
- Wrist
- Hand

3. Describe the results of the right lower extremity assessment regarding:

- Sensation
- Tone
- Motor function
- ROM

Assessment of functional activities

4. Name 4 functional activities that you observed the patient perform during the assessment.
How much assistance was required for each task?

Activity #1

Activity #2

Activity #3

Activity #4

5. How would you describe the patient's key problem area?
6. How might the identified key problem affect the patient's ability to function?

Describe your plan of intervention based on this assessment.