



Rotator Cuff Repair

Watch

Watch all assigned videos:

- Rotator Cuff Repair, Part 1: Initial Assessment
- Rotator Cuff Repair, Part 2: Measuring Range of Motion
- Rotator Cuff Repair, Part 3: Increasing ROM in shoulder flexion
- Rotator Cuff Repair, Part 4: Increasing ROM in shoulder abduction
- Rotator Cuff Repair, Part 5: Self ROM in shoulder abduction and scaption
- Rotator Cuff Repair, Part 6: Shoulder extension and internal rotation

Document

Complete a SOAP note for the entire treatment. Please review the rubric.

Discussion Board Prompts

After watching the assigned videos, answer discussion board questions and respond to two other students by assigned due date. Please review the rubric.

1. Share your assessment of the caregiver's therapeutic use of self and professional behavior.
2. What is the benefit of using the dowel bar during the exercises demonstrated in the video?
3. What was the benefit of having the client's arm supported on the table during shoulder flexion?
4. Why did the therapist stop the client's motion when she elevated her shoulder and or scapula?
5. Are these interventions founded in evidence-based practice? Provide one research article link to support the interventions you watched in these videos.
6. Lastly, express how you feel about your ability to lead that same therapy session. What actions do you need to take to prepare yourself to lead this type of treatment session?