

Rotator Cuff Repair Analysis - 6 Weeks Post-Op

Watch

Watch these videos of Alice (018) that show her progress at 6 weeks post-op:

- Rotator Cuff Repair, Part 1: Initial Assessment
- Rotator Cuff Repair, Part 2: Measuring Range of Motion
- Rotator Cuff Repair, Part 3: Increasing ROM in shoulder flexion
- Rotator Cuff Repair, Part 4: Increasing ROM in shoulder abduction

Answer

1. How would you describe Alice's progress from the initial videos at 2 weeks post rotator cuff repair, if you were reporting to the medical team?

2. What impairments remain that you need to address, related to her musculoskeletal function (ie type of ROM, soft tissue tightening or shortening, strength?)

3. Alice describes significant pain without the support of the sling. How will this influence your intervention planning and instructions related to functional activities?

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4. Will you take a remediation or compensatory approach to intervention? Justify your answer.