

# Rotator Cuff Repair Ther Ex Intervention Plan 6 Weeks Post-Op

## Watch

Watch these videos of Alice (018) that show her progress at 6 weeks post-op:

- Rotator Cuff Repair, Part 1: Initial Assessment
- Rotator Cuff Repair, Part 2: Measuring Range of Motion
- Rotator Cuff Repair, Part 3: Increasing ROM in shoulder flexion
- Rotator Cuff Repair, Part 4: Increasing ROM in shoulder abduction

## Intervention Plan 2: 6 Weeks Post-Op

Write an intervention plan focused on therapeutic exercise for the next 6 weeks. Assume that Alice will be coming to outpatient therapy twice a week for the next 6 weeks.

<b>Occupational Profile</b>	
<b>Client Strengths</b>	<b>Client Impairments</b>

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**Model of Practice and/or Frame of Reference**

**STG: (1 session)**

**LTG: (next re-evaluation)**

**Detailed List of Intervention Activities**