

Treatment Plan Template

Name: _____

Date: _____

Watch & Review

Watch the ICE Video from *StrokeHelp®: Treatment Strategies in Acute Care*: “Patient #1: Mary”

Review Mary’s medical chart: “Mary - Medical Record.pdf”

Instructions

Problem: Choose a specific problem area for your client. Describe the problem or deficit in detail.

Cause: List as many causes as appropriate for the problem area that you identified. These causes need to be more in-depth and specific than “stroke”. For example, if you identify difficulty with meal preparation as a problem area, appropriate causes may include: inattention, peripheral neuropathy, etc.

Interventions: Describe at least 3 intervention ideas in detail to address the problem area identified. These interventions must be thoroughly explained so that another classmate or OT would be able to read them and carry them out without much question or confusion.

STG: Write 1 short term goal to address the problem area identified. Be sure to include all components of a goal.

LTG: Write 1 long term goal to address the problem area identified. This long term goal should relate to the short term goal written for this problem area as well. Be sure to include all components of a goal.

Precautions: List all appropriate precautions to consider when addressing this problem area and carrying out the given interventions. Precautions may include such things as: fall risk, decreased sensation, etc.

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Problem	Cause	Interventions	STG	LTG	Precautions