

Clinical Reasoning with Dick

W10 Clinical Reasoning Form: Dick

1. **Describe the first Key Problem Area identified with Dick.**

Limited forward flexion

During what functional movement was it observed?

As Dick was going from standing to sitting.

What could be some possible causes?

Decreased balance, decreased lower extremity stability.

2. **Describe the second Key Problem Area identified with Dick.**

Decreased gross grasp of the left hand

During what functional movement was it observed?

Taking off his jacket

What could be some possible underlying factors?

Decreased muscle strength, impaired sensation, fine motor control

3. **Describe the third Key Problem Area identified with Dick.**

Decreased trunk rotation.

During what functional movement was it observed?

Sit to stand.

How will this affect his safety and ability to function?

Without trunk rotation, safety can be significantly impaired. Balance is impaired, normal gait, moving between surfaces and different surface heights. The functional movements needed for dressing – nearly all self care skills – are affected by the loss of trunk rotation.

4. **What is your “best guess” at Dick’s long term prognosis for function of the involved side?**

The long term prognosis is fairly good for regaining some functional use of his left side. However, movements will probably be slower than normal with limited fine motor control.