

Observations of Clint

W3 Patient Observation Form: Clint

During this video segment, I narrate and describe asymmetries.

1. **Describe Clint's base of support. Include weight distribution, position of upper and lower extremities, and surface support.**

Clint sits on a mat table – a solid surface with a thin cushion covering the mat table. His weight appears equally distributed over both hips. His hands and upper extremities appear fairly equal. Due to the camera angle the feet are not shown, but the legs seem equal.

2. **Observing Clint from the side, describe the position of his pelvis.**

Clint sits in a posterior pelvic tilt (his pelvis is tilted back).

3. **Describe any asymmetries noted. Include creases or folds, position of head, height of shoulders, position of scapula, upper and lower extremities.**

From the front: Atrophy noted in the left arm.

From the back: Crease on the right side of the neck.

The left shoulder appears higher than the right

The medial border of the left scapula is more pronounced than the right.

The left upper extremity has slight abduction and internal rotation.

4. **Describe Clint's movements during dynamic observation. Include quality of movement (selective control or synergistic movement).**

Trunk: Symmetrical, selective control. No synergies noted.

Shoulder: Moves in synergy pattern with abduction and internal rotation.

Elbow: Synergy pattern with elbow flexion.

Forearm: Moves in synergy pattern with pronation.

Wrist: Remains neutral to slight flexion.

Hand: Some finger flexion, limited due to edema and weakness

5. **Are there any limitations noted in the non-involved side?**

No, Clint appears to have full active ROM with selective control.