

❖ Worksheet Assignment 5

Patient #4: Ben

Name

Date

Health condition

1. **Describe Ben's medical history.**

The patient is one month post stroke. The admitting diagnosis included Micotic aneurysm, infarct of the left middle cerebral artery, infective endocarditis and mitral valve vegetation. Surgery was required for mitral valve replacement.

Observe the patient and the environment

2. **List 6 observations of Ben and his hospital room that indicate possible precautions.**

Postings re: aspiration precautions
NG tube
Sternal surgical scar
IV in left upper extremity
Bed rails

3. **How would you describe Ben's behavior?**

Ben becomes frustrated and agitated easily.
Ben has difficulty following instructions.

What would you consider to be the source of this behavior?

Ben's frustration and agitation are most likely a result of deficits in auditory comprehension and motor planning.

4. **Why was Ben's blood pressure monitored during his physical therapy session?**

The therapist monitored Ben's blood pressure because he had been on prolonged bed rest.

What effect did the positions of supine, sitting and standing have on his blood pressure?

The baseline blood pressure was taken in supine.
Blood pressure in sitting was slightly higher, but fine.
Blood pressure in standing wasn't taken. The patient felt dizzy and sat down before it was taken.

5. **What recommendations would you give to Ben's family to help decrease his level of frustration?**

Choose different clothing

Limit auditory stimulation

Speak clearly in short simple sentences